





Rock Buns

Ingredients

250g self raising flour 70g unsalted butter ½ tsp ground cinnamon 70g caster sugar 100g dried mixed fruit I orange, zested I large egg 3 tbsp milk

Method

- I. Pre-heat the oven to 190°C (170°C fan).
- 2. Line two trays with baking parchment.
- 3. Put the flour, butter and cinnamon in a large bowl and rub the butter in until it resembles breadcrumbs.
- 4. Add the sugar, mixed fruit, orange zest, egg and milk until you have a sticky dough.
- 5. Divide the mixture into approximately 8 and spoon onto the baking trays. They should be quite rough and not smooth balls so they look like rocks when baked!
- 6. Bake for 20 minutes until golden brown.