Sarahis





Soda Bread Rolls

Ingredients

300g plain wholewheat flour 300g plain flour 1½ tsp bicarbonate of soda 1½ tsp salt 400ml buttermilk

Topping

I tbsp porridge oats

Method

- Pre-heat the oven to 200°C (180°C fan) and place a piece of baking parchment on a baking tray.
- In a large bowl put the wholewheat flour, plain flour, bicarbonate of soda and salt.
- Add the buttermilk and use your hand to combine together until a sticky dough forms.
- On a floured worktop tip the dough out and shape into 12 round rolls.
- Using a sharp knife cut a cross in the top of each roll.
- Brush with milk and sprinkle the oats over the top.
- Bake for 20-25 minutes until the bases sounds hollow when tapped.
- Place on a wire baking rack to cool.